

## Pubs near Rusland

White Hart Inn, Bouth. 2 miles.

Popular and often fully booked. <http://www.whitehart-lakedistrict.co.uk/>

Walking route: Can be reached on very quiet minor roads and footpaths from here.

Cycling route: All on road

Manor House, Oxen Park. 2miles

We don't know this one but have heard good things. <https://manorhouseoxenpark.co.uk/> Not an informative website at present!

Walking route: Can be reached on quiet roads and forest tracks from here

MTB route: Road only

Eagles Head, Satterthwaite. 2.5 miles.

Fairly basic pub with good ales. Food is traditional and wholesome rather than sophisticated. Note it is not open every day. <http://www.eagleshead.co.uk/>

Walking route: Can be reached on quiet roads and forest tracks from here

MTB route: Options for minor roads and bridleways/ forest tracks

Royal Oak, Spark Bridge. 3miles

Good report from recent guests here. <http://royaloaksparkbridge.co.uk/>

Farmers Arms, Lowick Green. 3.5miles

<https://www.thefarmersarmslowickgreen.co.uk/>

Red Lion, Lowick Bridge. 3 miles

<https://redlion-lowick.co.uk/>

Hawkshead

6.5miles. Several pubs

Drunken Duck. 7 miles

A bit off our patch but a well-known gastro-pub and local landmark. <https://drunkenduckinn.co.uk/>

Tower Bank Arms, Near Sawrey. 5 miles

<http://www.towerbankarms.co.uk/>

Far Sawrey. 5 miles

<https://www.cuckoobrow.co.uk/>

## Driving on Single Track Roads

You will have seen that we are surrounded by narrow single-track roads where there is often no space for vehicles to pass each other. If you're not used to such roads then the following guidance may be useful:

- Obviously you must assume that there will be oncoming traffic and drive at a speed which allows you to stop in the space you can see to be clear. If you meet traffic then you must squeeze by carefully or one or other vehicle will have to reverse to a wider part of the road.
- It helps to take a wider line to maximise the distance you can see – so tending to be on the left side of the road approaching a right-hand bend, and conversely towards the right when approaching a left-hand bend.
- Keep a note of when you pass a wider point so that you have an idea how far you will have to reverse if you come against traffic.
- Look far ahead for traffic, over hedges where possible or where there are long views. If you see oncoming traffic then try to wait where there is space to pass.
- Not all vehicles are cars: We get white vans and the odd timber lorry as well. If you go beyond Hawkshead then the 505 bus may hunt you down.
- We also have walkers and cyclists who are also entitled to use the road, so anticipate them too. Cyclist can come downhill quickly and can't brake on the gravel which often collects in the middle of the road.
- If overtaking cyclists, please allow sufficient space – 1.5m – and don't cut them up if there's an oncoming vehicle. Most will indicate to you when it is safe to pass.

It's not really so different from squeezing down a suburban road with car parked along it.